

***Tongue-twisters for developing lip-work and focus.***

*I've picked these because they are particularly good at bringing your voice's "focus" forwards and up, to avoid the habit of sitting with the "Ah" deep - and consequently under-using your lips and mouth. As an exercise, you should try to "overwork" your lips etc. as you do them.*

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Peter Piper picked a peck of pickled peppers.  
If Peter Piper picked a peck of pickled peppers,  
Where's the peck of pickled peppers  
Peter Piper picked?

Red Lorry, Yellow Lorry.  
Red Lorry, Yellow Lorry.  
Red Lorry, Yellow Lorry.  
Red Lorry, Yellow Lorry.

Mary Mac's mother's making Mary Mac marry me, and  
My mother's making me marry Mary Mac. Oh,  
I need to marry Mary to get Mary to take care of me:  
We'll all be making merry when I marry Mary Mac!

Knives and forks and spoons and knives  
And forks and spoons and pudding!  
Knives and forks and spoons and knives  
And forks and spoons and pudding!